

مادة إثرائية للصف

الثاني عشر

لغة انجليزية

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12

# English For Palestine Reading Plus

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## Making changes



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### New Year Traditions in China

- 1 For **China** people all over the world, New Year is the most important time of the year. Many people paint their front doors red in preparation. Dragons and fireworks are also part of celebrating the New Year period, which can last as long as two weeks, starting on the first day of the **lunar** month and continuing till the moon is at its brightest.

بالنسبة للناس الصينيين في جميع أنحاء العالم ، تعتبر السنة الجديدة أهم وقت في العام. كثير من الناس يرسمون أبوابهم الأمامية باللون الأحمر استعدادًا لذلك. . التين والألعاب النارية هي أيضا جزء من الاحتفال بفترة رأس السنة الجديدة ، والتي يمكن أن تستمر لمدة أسبوعين ، بدءًا من اليوم الأول من الشهر القمري وتستمر حتى يصبح القمر في أبهى صوره (اكتمال القمر)

There are many different customs connected with the New Year, varying from country to country, or from culture to culture.

For Chinese people all over the world, New Year is the most important event in the calendar. It begins on the first day of the month, which has the darkest night, and continues till the full moon 15 days later. There are many traditions, most of them involving the colour red. During the celebrations, people wear red clothes and children are given red envelopes containing 'lucky money'. Red is the symbol of fire, which is believed to drive away bad luck. This also explains the popularity of fireworks, which are supposed to frighten away bad spirits with their combination of noise, fire and brightness.

New Year is a time for families to get together and people often travel long distances to be with their families. Food also plays an important part, especially the big family meal on the evening before the New Year begins (New Year's Eve).

هناك العديد من العادات المختلفة المرتبطة بالعام الجديد ، والتي تختلف من بلد إلى آخر ، أو من ثقافة إلى ثقافة بالنسبة للصينيين في جميع أنحاء العالم ، تعتبر السنة الجديدة أهم حدث في التقويم. يبدأ في أول يوم من الشهر ، حيث أحلك الليل ، ويستمر حتى اكتمال القمر ١٥ يومًا في وقت لاحق. هناك العديد من التقاليد ، معظمها يتعلق باللون الأحمر. خلال الاحتفالات ، يرتدي الناس ملابس حمراء ويتم إعطاء الأطفال مظليف حمراء تحتوي على "أموال الحظ". الأحمر هو رمز النار الذي يعتقد أنه يبعد الحظ السيئ. وهذا ما يفسر أيضًا شعبية الألعاب النارية ، التي من المفترض أن تخيف الأرواح الشريرة بمزيج من الضوضاء والنار والسطوع العام الجديد هو الوقت المناسب للعائلات للالتقاء ، وغالبًا ما يسافر الناس لمسافات طويلة ليكونوا برفقته العائلات. يلعب الطعام أيضًا دورًا مهمًا ، خاصةً الوجبة العائلية الكبيرة في المساء قبل بداية العام الجديد (ليلة رأس السنة)



Answer the following questions:

Complete the following:

1. In China, the New Year is marked by : 1. Red clothes 2. Red envelopes to children  
 3. Fireworks 4. Dragons 5. Big family meal  
 2. The New Year starts on the first day of the lunar month till the middle of the month

1. What is the most important event in the calendar for the Chinese? ما أهم حدث في التقويم للصينيين؟  
New Year is the most important event in the calendar. العام الجديد هو أهم حدث

2. How long does their celebration with the New Year last? كم مدة الاحتفال بالعام الجديد؟  
For 2 weeks / 15 days أسبوعين / ١٥ يوما

3. How do the Chinese celebrate the New Year? كيف يحتفل الصينيون بالسنة الجديدة؟  
1. they their doors red 2. They wear red clothes 3. Children are given red envelopes  
4. The big family meal 5. Fireworks and Dragons

4. Why do they wear red clothes? لماذا يرتدون اللون الأحمر؟  
Because red is the symbol of fire which is believed to drive away bad luck. لأن اللون الأحمر رمز للنار التي يعتقد أنها تبعد الحظ السيء

5. Why do Chinese use fireworks a lot? لماذا يستخدم الصينيون الألعاب النارية؟  
Because they believe that it frightens away bad spirits. لاعتقادهم أنها تخيف الأرواح الشريرة

6. How do fireworks frighten away bad spirits? كيف تخيف الألعاب النارية الأرواح الشريرة؟  
By its combination of noise, fire and brightness. بمزيج الضوضاء و النار و اللمعان

"You define your own life. Don't let other people write your script."

## New Year Traditions in Scotland

- 2 New Year (sometimes called *Hogmanay*) is a more important <sup>مناسبة</sup> **occasion** in Scotland <sup>تيلي</sup> than other parts of the UK. Many of the customs, like 'first-footing', have been adopted in other English-speaking countries.

السنة الجديدة هي مناسبة أكثر أهمية في اسكتلاند ( تسمى أحيانا هوجماني) من أجزاء أخرى من المملكة المتحدة. وقد اعتمدت العديد من العادات ، مثل "قدم الأولى" ، في غيرها البلدان الناطقة باللغة الإنجليزية

A lot of the New Year <sup>تقاليد</sup> 'traditions' in countries like England, Australia and the USA are actually Scottish in origin. <sup>يبدأ به</sup> These include joining hands and singing the Scottish song *Auld Lang Syne* (which means something like 'for the old times').

- Another custom, which is less popular now, is 'first-footing'. To bring good luck to a <sup>حظ</sup> house, the first person to visit <sup>عادة</sup> it (entering by the front door and leaving by the back door) should be a tall, dark-haired man carrying a piece of coal for the fire, some salt, some bread and something to drink. These <sup>مشهور</sup> **symbolise** warmth, flavour and of course food. More generally, it is usual, as in China, to clean the whole house on the day before New Year, and to make sure you have paid back any money you <sup>مدين</sup> **owe** to others before midnight.

الكثير من "تقاليد" السنة الجديدة في بلدان مثل إنجلترا وأستراليا والولايات المتحدة هي في الواقع الاسكتلندي في الأصل. وتشمل هذه التكايف والغناء الأغنية الاسكتلندية أولد لانغ سين (التي يعني شيئاً مثل "للعصر القديم"). وهناك عادة أخرى، وهي أقل شعبية الآن، وهي "القدم الأولى". لجلب الحظ السعيد إلى منزل، الأول شخص لزيارته (الدخول من الباب الأمامي وترك من الباب الخلفي) ينبغي أن يكون طويل القامة، رجل داكن الشعر يحمل قطعة من الفحم للنار، وبعض الملح، وبعض الخبز وشيء للشرب. هذه ترمز إلى الدفء والنكهة وبالطبع الطعام. بشكل عام ، من المعتاد ، كما هو الحال في الصين ، لتنظيف المنزل كله في اليوم السابق للسنة الجديدة، والتأكد من أنك قد سددت أي أموال لك مدينون للآخرين قبل منتصف الليل

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\*Read the article, then answer the questions below:

1. Where are British New Year traditions originally from?  
Scottish in origin.

ما أصل التقاليد البريطانية للعام الجديد؟  
إسكتلندية الأصل

2. What do Scottish New Year traditions include?

- |                              |                           |
|------------------------------|---------------------------|
| 1. joining hands and singing | 2. First-footing          |
| 3. Clean the whole house     | 4. Pay back money you owe |

ماذا تشمل التقاليد الأسكتلندية للعام الجديد؟

١. تشابك الأيدي والغناء
٢. الخطوة الأولى
٣. تنظيف البيت كاملاً
٤. تسديد الديون

ما شكل الرجل ذو الخطوة الأولى؟

١. طويل دأكن سواد الشعر

٢. يدخل من الباب الأمامي ويخرج من الباب الخلفي

3. How should first-footing person look like?

1. Tall dark-haired man

2. Enter from the front door and leave from the back one

4. What does first-footing person bring with him?

A piece of coal, some salt, some bread and drink.

ماذا يجلب الشخص ذو الخطوة الأولى؟

قطعة فحم، بعض الملح، بعض الخبز والشراب

5. Why should first-footing person be tall and dark-haired?

To bring good luck to the house.

لماذا يجب أن يكون صاحب الخطوة الأولى طويل وداكن الشعر؟

لجلب الحظ للبيت

6. What do the things of the first-footing person symbolize?

Coal → warmth

salt → flavour

bread → food

ماذا ترمز الأشياء التي يجلبها ذو الخطوة الأولى؟

الفحم: دفء

الملح: المذاق

الخبز: الطعام

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"You don't always need a plan. Sometimes you just need to breathe, trust, let go and see what happens."



## New Year Traditions in Egypt

- 3 Unlike in some other countries, New Year is a public holiday in this North African country ( Egypt ); people <sup>يحتفلون</sup> mark the occasion by holding <sup>جماعي</sup> joint prayers and other <sup>طقوس</sup> rituals in mosques as an expression of <sup>شكر</sup> gratitude to God. They also visit the homes of their extended families to exchange New Year wishes.

على عكس بعض البلدان الأخرى، السنة الجديدة هي عطلة رسمية في هذا البلد في شمال أفريقيا ( )؛ الناس يحتفلون بهذه المناسبة من خلال إقامة صلاة مشتركة وطقوس أخرى في المساجد كتعبير عن الامتنان لله. كما يزورون منازل أسرهم الممتدة إلى تبادل رغبات السنة الجديدة

- 10 Like other Muslim countries, Egypt uses the Islamic calendar <sup>التقويم</sup> and the New Year marks the migration (Hijra) of Prophet Mohammad (ﷺ) from Mecca to Medina. The New Hijra Year can't begin until the appearance of the new moon of Muharram is officially announced. Although modern technology now makes it possible to find <sup>في وقت مبكر</sup> this out well in advance, the new year moon should be observed with <sup>العين المجردة</sup> the naked eye.
- 15 New Year is widely celebrated with visits to family and friends. In many different parts of the country, special religious chanting <sup>فرق</sup> troupes <sup>مذبح</sup> organise performances <sup>عروض</sup> in praise of Prophet Mohammad and in <sup>تذكر</sup> commemoration of his Hijra. For many, though, this period is a time for prayer and quiet thought, concentrating on what you have done wrong in the past year and how you need to change in the next.
- Whatever culture you look at, there seems to be one idea that underlies many of the New Year customs: <sup>يركز</sup> the idea of a new beginning, of leaving one <sup>مهما كانت</sup> period behind and looking forward to the coming <sup>تكمين</sup> one. <sup>فكرة</sup>
- 20

مثل غيرها من الدول الإسلامية، مصر تستخدم التقويم الإسلامي ورأس السنة الجديدة يصادف الهجرة (هجرة) النبي محمد ( ) من مكة المكرمة إلى المدينة المنورة. لا يمكن أن تبدأ السنة الهجرية الجديدة حتى أعلن رسمياً ظهور القمر الجديد محرم. على الرغم من أن التكنولوجيا الحديثة الآن يجعل من الممكن معرفة ذلك في وقت مبكر، وينبغي ملاحظة القمر العام الجديد مع العين المجردة. يحتفل بالعام الجديد على نطاق واسع من خلال زيارات للعائلة والأصدقاء. في العديد من أنحاء البلاد المختلفة، فرق الهتافات الدينية الخاصة تنظم عروضاً في مدح النبي محمد وفي إحياء ذكرى هجرته. بالنسبة للكثيرين، على الرغم من هذه الفترة هو وقت للصلاة والفكر الهادئ، التركيز على ما قمت به خطأ في العام الماضي وكيف تحتاج إلى تغيير في العام المقبل. مهما كانت الثقافة التي تنظر إليها، يبدو أن هناك فكرة واحدة تكمن وراء العديد من عادات العام الجديد: فكرة بداية جديدة، من ترك فترة واحدة وراء.. ومنتقل إلى واحد المقبلة

- ماذا يميز العام الهجري في الدول الإسلامية؟  
1. What does the New Hijra Year mark in Muslims countries?  
It marks the migration of prophet Mohammed (peace be upon him)
- لماذا يزورون أقاربهم؟  
2. Why do they visit their relatives?  
To exchange wishes of the New Year.
- كيف يستعد الناس للعام الهجري الجديد في مصر؟  
3. How do people get ready to the New Year in Egypt?  
1. Chanting troupes organize performance 2. Prayer and quiet thought  
١. تنظم فرق الإنشاد العروض ٢. الصلوات والتفكير الهادئ

متى يبدأ العام الهجري الجديد عند المسلمين؟  
عندما يعلن رسمياً عن ظهور قمر محرم الجديد

4. When does the New Year begin for Muslims?

It begins when the appearance of the new moon of Muharram is officially announced.

Choose the right answer:

a. This event takes place in commemoration of the life of a national hero. The phrase "**incommemoration of**" means.....

- a) to a remarkable thing/person      b) in order to remember

b. Special religious chanting troupes organize performances "**in** Prophet Mohammad. **praise of**" The phrase "in praise of" means.....

- a) narrating events of his life.      b) expressing admiration

c. There seems to be one idea that "**underlies**" many of the New Year customs. The prefix "under" in the word "underlies" means.....

- a) at the level below      b) not enough




d. The person who has dark hair is described as a .....man.

- a) dark-haired      b) dark-hairing



7. **Decide whether each of the following statements is TRUE (T) or FALSE (F):**

1. A lot of the New Year traditions in Scotland are British in origin. ( )
2. First-footing is the most popular of Scottish traditions connected with new year Year. ( )
3. It's not necessary to observe the New Hijra Year moon with naked eye. ( )
4. Modern technology enables people to observe the moon earlier. ( )

 China	 Scotland	 Egypt

## أسئلة الكتاب الوزلي

1 Replace the underlined parts of the sentences with words or phrases from the text. (The sentences are in the same order as the words in the text.)

1 I'm not sure how much I have borrowed and need to pay back to my parents.

owe مدين

2 At this time of year, performing groups of dancers, etc. visit the town. troupes فرقة راقصات

3 He wrote several poems expressing admiration for God. in praise of في مدح

4 This event takes place in order to remember the life of a national hero. in commemoration of في ذكرى

2 'A lot of the New Year "traditions" in countries like England, Australia and the USA are actually Scottish in origin.' إسكتلندية الأصل

1 The phrase *Scottish in origin* means that

(A) the traditions first started in Scotland. بدأت التقاليد في اسكتلندا لأول مرة

(B) the traditions came to Scotland from other countries.

2 The writer puts inverted commas round the word 'traditions' to show that

(A) the word is a quotation from somewhere else.

(B) the customs don't really come from the countries mentioned.

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"I'm not going to continue knocking that old door that doesn't open for me. I'm going to create my own door and walk through that."



- 3 'These include joining hands and singing.' The phrase *joining hands* means:
- A putting your hands together.
- B** holding the hands of other people.
- 4 'Although modern technology now makes it possible to know this well in advance, the new moon should be observed with the naked eye.'
- 1 The phrase *well in advance* means
- A** a long time before. *في وقت مبكر*
- B making good progress.
- 2 The phrase *with the naked eye* means *بالعين المجردة*
- A see something using glasses
- B** see something without using a telescope *بالعين المجردة*
- 5 'Whatever culture you look at, there seems to be one idea that underlies many of the New Year customs.'
- 1 Adding the suffix *-ever* to question words like *what*, *where*, *when* or *how* adds the meaning that:
- A** it doesn't matter what / where / when / how. *مهما يكن*
- B the question what / where / when / how changes with time.

Complete the sentences with similar ...ever words.

- a However hard I tried, I couldn't open the door. *كيفما*
- b You can visit me whenever you want to. I'm free all week. *في اي وقت*
- c I take this book with me wherever I go. *اينما*
- d You should try your best, whatever you do in your life. *مهما*

- 2 Adding the prefix *under-* can add either of these meanings: *at the level below* or *not enough*. Which meaning does it add in these sentences?

- a One idea underlies many New Year customs. at the level below
- b Don't undervalue your work; it's better than you think. not enough
- c Many large cities have an underground railway system. at the level below
- d You can mark important points by underlining them. at the level below
- e I think I'm underpaid for all the work I do for my company. not enough

- 6 What do these words, highlighted in the text, refer to?

- 1 *These* (line 2) traditions that are originally from Scotland
- 2 *it* (line 5) the house
- 3 *this* (line 13) the date of the appearance of the new moon of Muharram,
- 4 *one* (line 20) period

"Not having the best situation, but seeing the best in your situation is the key to happiness."

# أسئلة الامتحان الوزاري

بسم الله الرحمن الرحيم

G S. C. E. 2017

English Language

Paper : ---

Time : 2:30 Hours

AI-INJAZ

Scientific Stream

Total Marks (100)



وزارة التعليم والتربية والتعليم  
الإدارة العامة للقياس والتقويم والامتحانات

Date : 10/ 06 /2017

## Reading Comprehension: ( 45 points)

### Question Number One: ( 25 points)

Read the text about New Year and complete the tasks below:

A lot of the New Year 'traditions' in countries like England, Australia and the USA are actually Scottish in origin. **These** include joining hands and singing the Scottish song Auld Lang Syne (which means something like 'for the old times').

Another custom, which is less popular now, is 'first-footing'. To bring good luck to a house, the first person to visit **it** (entering by the front door and leaving by the back door) should be a tall, dark-haired man carrying a piece of coal for the fire, some salt, some bread and something to drink. These symbolise warmth, flavour and of course food. More generally, it is usual, as in China, to clean the whole house on the day before New Year, and to make sure you have paid back any money **you** owe to others before midnight.

Like other Muslim countries, Egypt uses the Islamic calendar and the New Year marks the migration (Hijra) of Prophet Mohammad (Pbh) from Mecca to Medina. The New Hijra Year can't begin until the appearance of the new moon of Muharram is officially announced. Although modern technology now makes it possible to find **this** out well in advance, the new year moon should be observed with the naked eye.

New Year is widely celebrated with visits to family and friends. In many different parts of the country, special religious chanting troupes organise performances in praise of Prophet Mohammad and in commemoration of his Hijra. For many, though, this period is a time for prayer and quiet thought, concentrating on what you have done wrong in the past year and how you need to change in the next.

### A. Answer the following questions:

(7 points)

1. Where are the Scottish New Year traditions popular?

2. How should the first footing person look like?

3. What is the mark of new year in Islamic countries?

4. How do Muslims celebrate new year?

5. What does a new year mean for many people?

### B. Complete the sentences with words and phrases from the text:

(4 points)

1. The first Scottish new year tradition is \_\_\_\_\_

2. First-footing tradition symbolizes \_\_\_\_\_

### C. Decide if the statements are True or False according to the text:

(6 points)

1. Auld Lang Syne is a Scottish song which means 'for the old times'. ( )

2. It is usual to clean the whole house on the day of New Year in China. ( )

3. The new year moon should be seen with the naked eye. ( )

### D. What do the highlighted pronouns in the text refer to:

(8 points)

1. "these" ( line 2 ) : \_\_\_\_\_ 2. " it " ( line 5 ) : \_\_\_\_\_

3. "you" (line 8) : \_\_\_\_\_ 4. "this" ( line 13): \_\_\_\_\_

→ Cont./2

**Question Number Two: (40 points)****A: Read the text then do the tasks below: (20 points)**

A lot of the New Year 'traditions' in countries like England, Australia and the USA are actually Scottish in origin. A custom, which is less popular now, is 'first-footing'. To bring good luck to a house, the first person to visit it (entering by the front door and leaving by the back door) should be a tall, dark-haired man carrying a piece of coal for the fire, some salt, some bread and something to drink. These symbolize warmth, flavor and of course food. More generally, it is usual, as in China, to clean the whole house on the day before New Year, and to make sure you have paid back any money you owe to others before midnight.

Like other Muslim countries, Egypt uses the Islamic calendar and the New Year marks the migration (Hijra) of Prophet Mohammad (peace be upon him) from Mecca to Medina. The New Hijra Year can't begin until the appearance of the new moon of Muharram is officially announced. Although modern technology now makes it possible to find this out well in advance, the new year moon should be observed with the naked eye.

New Year is widely celebrated with visits to family and friends. In many different parts of the country, special religious chanting troupes organise performances in praise of Prophet Mohammad and in commemoration of his Hijra. For many, though, this period is a time for prayer and quiet thought, concentrating on what you have done wrong in the past year and how you need to change in the next.

**1. Decide whether each of the following is True or False: (6 points)**

- The traditions of The New Year in the USA come from Scottish customs. { }
- New Hijra Year is officially announced after seeing the moon of Muharram using a telescope. { }
- "First-footing" is a widely used custom in The New Year celebratio { }

**2. Complete the following table about Ways of celebrating The New Year: (8 points)**

Country's name	Ways of celebrating The New Year
China	a.....
	b.....
Egypt	a.....
	b.....

**3. Write what each of the following symbolizes: (6 points)**

- coal and fire:.....
- salt:.....
- bread and drink :.....

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"All you need is the plan, the road map, and the courage to press on to your destination."



## Top Ten Resolutions

- 2 Look at the list of the top ten resolutions, in which the order has been changed.  
What do you think might be the correct order?



- 1 Spend less money
- 2 get more exercise
- 3 Eat more healthily
- 4 Read more
- 5 Waste less time on social media sites like Facebook
- 6 Spend more time with family and friends
- 7 Learn a language
- 8 Give up smoking
- 9 Learn a musical instrument
- 10 Find a better job

### THE DAILY NEWS

Wednesday 27 Feb 20--

It seems that people in the UK are turning away from traditional New Year's resolutions, like giving up smoking, <sup>لصالح</sup> in favour of more modern ones. A website has just published a list of the top resolutions for this year, showing that giving up smoking has <sup>انخفض</sup> dropped from first place to eighth.

Health-based resolutions like getting more exercise (second place) and eating more healthily (third place) remain popular, but the top choice, spending less money, probably says a lot about the economic situation. This year's <sup>الخيار الأول</sup> fifth most popular resolution, wasting less time on social media sites like Facebook, also <sup>وسيل</sup> reflects modern times.

Instead, people are resolving to spend more time with family and friends (sixth place), and to improve themselves by reading more (fourth place) or learning a language or musical instrument (seventh and ninth). Trying to find a better job just <sup>يُجعل</sup> makes it into the top ten.

The website's <sup>مدير</sup> director said that people were moving away from negative decisions like stopping bad habits towards more positive ones. 'They want to change their lives by doing something new,' he said, 'and there's a definite feeling that this kind of resolution has a better chance of success.'

يبدو أن الناس في المملكة المتحدة يبتعدون عن قرارات السنة الجديدة التقليدية ، مثل الإقلاع عن التدخين ، لصالح قرارات أكثر حداثة. نشر أحد مواقع الويب للتو قائمة بأهم القرارات لهذا العام ، والتي تُظهر أن الإقلاع عن التدخين قد انخفض من المركز الأول إلى المركز الثامن ، ولا تزال القرارات الصحية مثل الحصول على مزيد من التمرين (المركز الثاني) وتناول المزيد من الأطعمة الصحية (المرتبة الثالثة) شائعة. ولكن الخيار الأفضل ، وهو إنفاق أموال أقل ، ربما يقول الكثير عن الوضع الاقتصادي. القرار الخامس الأكثر شيوعًا لهذا العام ، يعكس أيضًا العصر الحديث وهو إضاعة وقت أقل على مواقع التواصل الاجتماعي مثل الفيسبوك. لكن الناس عازمون على إنفاق المزيد من الوقت مع العائلة والأصدقاء (المركز السادس) ، ولتحسين أنفسهم أكثر بالقراءة (المركز الرابع) أو تعلم لغة أو آلة موسيقية (السابعة والتاسعة). محاولة العثور على وظيفة أفضل تجعلها كذلك العشرة الأوائل قال مدير الموقع أن الناس كانوا يبتعدون عن القرارات السلبية مثل وقف العادات السيئة تجاه المزيد إيجابية. "يريدون تغيير ..يعيش من خلال القيام بشيء جديد ،" قال ، "و هناك شعور محدد بأن هذا النوع من القرار لديه فرصة أفضل للنجاح



Fill the following table:

Resolutions	Examples
Traditional / Negative	Give up smoking
Social	1. wasting less time on social media sites like Facebook 2. spend more time with family and friends
Healthy	1. getting more exercise 2. eating more healthily
Economical	1. spending less money 2. find a better job
Improve yourself	1. reading more 2. learning a language 3. learn a musical instrument

### 3 Match the words and phrases from the text with their meanings.

WORDS AND PHRASES FROM THE TEXT	MEANINGS
1 in favour of <b>C</b>	<b>a</b> fell
2 dropped <b>a</b>	<b>b</b> succeeds in reaching or doing
3 reflects <b>d</b>	<b>c</b> preferring
4 makes it <b>b</b>	<b>d</b> relates to, is connected with

### 4 Use the words and phrases in Activity 3 to complete the sentences, changing the form if necessary.

- During the night, the temperature sometimes drops by 20 degrees in desert areas.
- To get fit, some people stop taking lifts in favour of using the stairs.
- Climbing the mountain was hard, but we finally made it to the top.
- His opinions reflect the fact that he had a difficult childhood.

1. Why does 'spending less money' become the most popular resolution?

Because of the economic situation.

لماذا أصبح "إنفاق مالا أقل" القرار الأكثر شيوعا؟  
بسبب الوضع الاقتصادي

2. Why do fewer people than before choose to stop smoking?  
Because they move away from traditional resolutions.

لماذا اختار أناس أقل من قبل التوقف عن التدخين؟  
لأنهم يبتعدون عن القرارات التقليدية

3. How would improve your life most?

- \* Read more    \* Learn a new language    \* Learn a new instrument

كيف تحسن من حياتك بشكل كبير؟  
قراءة أكثر  
تعلم لغة جديدة  
تعلم آلة موسيقية جديدة



## New Year, New You

### New Year, New You!

► Around this time of year, lots of people make resolutions to change their lives. Of course, it's natural to **associate** a new year with new beginnings, but doing something new brings benefits to your life whenever you choose to do it. In fact, New Year is possibly one of the worst times of the year to make life-changing decisions if you want to **stick to** them: in Europe and North America, it **coincides** with the middle of winter. With its long hours of darkness and cold wet weather, this is definitely not a season to be **optimistic**. This may well be why, as many studies have shown, most people who make New Year's resolutions usually break them after five weeks.

So, whatever time of year it is, you might decide to learn to speak Chinese, **take up** long-distance running, become a poet, or whatever. How do you make sure you don't start with great **enthusiasm**, but then give up soon afterwards? We're sure following the five steps in this article will make success a lot more likely.

في هذا الوقت من العام تقريبًا ، يتخذ الكثير من الأشخاص قرارات لتغيير حياتهم. بالطبع ، من الطبيعي ربط العام الجديد بالبدايات الجديدة ، ولكن القيام بشيء ما الجديد يجلب فوائد لحياتك متى اخترت القيام بذلك. في الواقع ، من المحتمل أن تكون السنة الجديدة واحدة من أسوأ أوقات العام لاتخاذ قرارات مصيرية إذا كنت تريد الالتزام بها منهم: في أوروبا وأمريكا الشمالية ، يتزامن مع منتصف الشتاء. مع فترة طويلة ساعات من الظلام والطقس الرطب البارد ، هذا بالتأكيد ليس موسمًا للتفاؤل قد يكون هذا هو السبب ، كما أظهرت العديد من الدراسات ، معظم الأشخاص الذين يصنعون رأس السنة الجديدة القرارات عادة كسرهما بعد خمسة أسابيع. لذا ، مهما كان الوقت من العام ، فقد تقرر أن تتعلم التحدث بالصينية الجري لمسافات طويلة ، تصبح شاعرًا ، أو أيًا كان. كيف تتأكد من أنك لا تفعل ذلك تبدأ بحماس كبير ، ثم تستسلم بعد ذلك بوقت قصير؟ نحن على يقين من متابعة خمس خطوات في هذه المقالة سيزيد من احتمالية النجاح.

1. What do people do around the new year?

They make resolutions.

ماذا يفعل الناس في فترة العام الجديد؟  
يتخذون القرارات

2. Why do people make resolutions?

To change their lives.

لماذا يتخذ الناس القرارات؟  
لتغيير حياتهم

3. Why is the new year the worst time for making resolutions?

Because it coincides with the middle of winter with its long hours of darkness and cold wet weather.

لماذا تعتبر السنة الجديدة أسوأ وقت لصنع القرارات؟  
لأنها تتزامن مع منتصف الشتاء بساعات الطويلة الحالكه الظلام والجو البارد الرطب

4. Why do people break resolutions after a short time?

Because it coincides with the middle of winter with its long hours of darkness and cold wet weather.

لماذا يخل الناس بقراراتهم بعد فترة قصيرة؟

لأنها تتزامن مع منتصف الشتاء بساعات الطويلة الحالكه الظلام والجو البارد الرطب

Prepared by Mrs Iman Ghazi ELBorae (Shaheen)

5. How can you improve yourself?

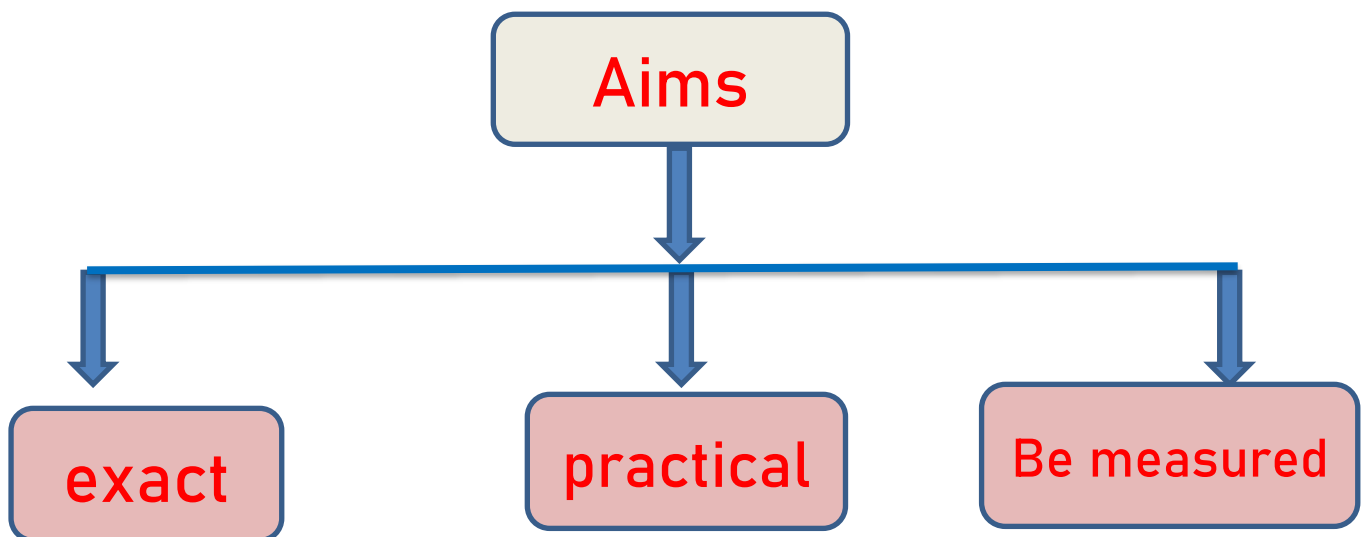
- \* Learn Chinese \* take up long-distance running \* become a poet

### 1 Set clear goals

► When you're thinking about aims, there's one rule you should follow above all others: don't be too general. Just thinking that you 'want to be a bit healthier' is very unlikely to get you anywhere. Instead, you need to express your aim as something exact and practical that can be measured.

### ١. ضع أهدافاً واضحة

عندما تفكر في الأهداف ، هناك قاعدة واحدة يجب عليك اتباعها قبل كل القواعد الأخرى لا تكن عامًا جدًا. مجرد التفكير في أنك "تريد أن تكون أكثر صحة قليلاً" أمر مستبعد للغاية ليوصلك إلى أي مكان. بدلاً من ذلك ، تحتاج إلى التعبير عن هدفك كشيء دقيق و عملي يمكن قياسه



What does it refer to?

- Others (line 1) : rules

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"If you have good thoughts they will **shine** out of your **face** like sunbeams and you will always look lovely."

**2**

### Enjoy yourself

► Don't spend all your time worrying about how successful you're going to be. Remember to enjoy the new experience for what it is. That way there's a far better chance that you'll keep going. If you're learning something, you'll make much better progress if you enjoy the learning rather than thinking about what score you might get at the end.

### ٢. متع نفسك

لا تقضي كل وقتك في القلق بشأن مدى نجاحك. تذكر للاستمتاع بالتجربة الجديدة على حقيقتها. بهذه الطريقة تكون هناك فرصة أفضل بكثير استمر امضي قدما. إذا كنت تتعلم شيئا ما ، فستحز تقدمًا أفضل بكثير إذا كنت تستمتع به التعلم بدلاً من التفكير في النتيجة التي قد تحصل عليها في النهاية

### كيف تمتع نفسك؟

استمتع بالتجربة بحد ذاتها لا تفكر بالنتيجة

1. How can you enjoy yourself?

\* Enjoy the experience itself

\* Don't think about the score

2. What do these words refer to:

\* It (line 2) : the new experience

\* That way (line 2): enjoy the new experience

**3**

### Share it

► Including other people can have various benefits. Firstly, the more people you tell about what you're doing, the less likely you are to give up, simply because you don't want to have to admit it to them. Secondly, if you do something with other people, it will be more fun (see above) and you won't want to let them down.

### ٣. شارك الآخرين

يمكن أن يكون لإدراج أشخاص آخرين فوائد مختلفة. أولاً ، كلما زاد عدد الأشخاص الذين تخبرهم حول ما تفعله ، تقل احتمالية الاستسلام ، لمجرد أنك لا تفعل ذلك تريد أن تعترف لهم بذلك. ثانيًا ، إذا فعلت شيئًا مع أشخاص آخرين ، فسيكون كذلك كن أكثر متعة (انظر أعلاه) ولن تريد أن تخذلهم

1. What are the benefits of including others?

- Less likely to give up
- More fun

ما فوائد دمج الآخرين معك؟

أقل احتمالية للاستسلام أكثر متعة

2. Why is it less likely to give up when you include people?

\* you don't want to admit it.

\* you don't want to let them down.

لماذا يكون الاحتمال أقل عندما تدمج الآخرين معك؟

لا تريد أن تعترف بالهزيمة

لا تريد أن تحبطهم

3. What do the following words refer to?

- It (line 3): give up
- Them (line 2) : people
- Them (line 4) : people

#### 4 Think negative

► Yes, you did read that correctly. Of course, the usual advice is to stay positive. But there will almost certainly be a time when everything seems to be going wrong and you start thinking it's all too hard. Studies show that it's better to think about what could go wrong so that you can have a plan in place when it happens.

#### ٤. فكر بسلبيّة

نعم، انت قمت بقراءة ذلك بشكل صحيح. بالطبع ، النصيحة المعتادة هي أن تظل إيجابيًا. لكن من شبه المؤكد أنه سيكون هناك وقت يبدو فيه أن كل شيء يسير على ما يرام وأنت ابدأ في التفكير في أن الأمر صعب للغاية. تشير الدراسات إلى أنه من الأفضل التفكير فيما يمكن أن يحدث خطأ بحيث يمكنك وضع خطة عند حدوثها

1. What are the benefits of thinking negatively?

To have a plan when wrong happens.

ما فوائد التفكير بسلبيّة؟  
لتجهيز خطة حالة وقوع الخطأ

2. What do the following words refer to?

- It (line 4 ): wrong

#### 5 One step at a time

► Don't try to do everything at once. Divide your final aim into smaller parts so that getting to the end of each part is one small success, and one step nearer to the goal.

#### ٥. خطوة واحدة في وقت واحد

لا تحاول أن تفعل كل شيء دفعة واحدة. قسّم هدفك النهائي إلى أجزاء أصغر بحيث الوصول إلى نهاية كل جزء هو نجاح صغير ، وخطوة واحدة أقرب إلى الهدف

\*\* Why is it better to divide your final aim?

- Each part is a small success.
- One step nearer to the goal.

لماذا من الأفضل تجزيء الهدف النهائي؟  
كل جزء يعتبر نجاح صغير  
خطوة أقرب لتحقيق الهدف

Follow my channel



"Try to be a rainbow in someone's cloud."



## أسئلة الامتحان الوزاري

امتحان الوزاري الأدبي ١ جلسة ثانية 2017

**Read the text below and complete the tasks:** (15 points)

1. .... When you're thinking about aims, there's one rule you should follow above all others: don't be too general. Just thinking that you 'want to be a bit healthier' is very unlikely to get you anywhere. Instead, you need to express your aim as something exact and practical that can be measured.

2. .... Don't spend all your time worrying about how successful you're going to be. Remember to enjoy the new experience for what it is. That way there's a far better chance that you'll keep going. If you're learning something, you'll make much better progress if you enjoy the learning rather than thinking about what score you might get at the end.

3. **Share it:** Including other people can have various benefits. Firstly, the more people you tell about what you're doing, the less likely you are to give up, simply because you don't want to have to admit it to them. Secondly, if you do something with other people, it will be more fun (see above) and you won't want to let them down.

4. .... Yes, you did read that correctly. Of course, the usual advice is to stay positive. But there will almost certainly be a time when everything seems to be going wrong and you start thinking it's all too hard. Studies show that it's better to think about what could go wrong so that you can have a plan in place when it happens.

5. .... Don't try to do everything at once. Divide your final aim into smaller parts so that getting to the end of each part is one small success, and one step nearer to the goal.

**A. Put the titles below in the correct positions:** (4 points)

- a. One step at a time      b. Enjoy yourself      c. Set clear goals      d. Think negative

**B. Choose the correct answer:** (2 points)

The main idea in the text is .....

- a. explain more about the points in the first paragraph  
b. give some helpful advice to readers  
c. make some new points about doing new things

**C. Answer the following questions:** (4 points)

1. How can you make progress in learning a subject?

.....

2. What are the benefits of working with others?

a. ....

b. ....

**D. Complete the sentences with words or phrases from the text:** (5 points)

1. You shouldn't ..... when thinking about aims.

2. Your aim must be: a. .... b. ....

3. You may think negative when ..... and .....

4. The benefits of doing things step by step are: ..... and .....



### 1 Set clear goals

► When you're thinking about aims, there's one rule you should follow above all others: don't be too general. Just thinking that you 'want to be a bit healthier' is very unlikely to get you anywhere. Instead, you need to express your aim as something exact and practical that can be measured.

### 2 Enjoy yourself

► Don't spend all your time worrying about how successful you're going to be. Remember to enjoy the new experience for what it is. That way there's a far better chance that you'll keep going. If you're learning something, you'll make much better progress if you enjoy the learning rather than thinking about what score you might get at the end.

### 3 Share it

► Including other people can have various benefits. Firstly, the more people you tell about what you're doing, the less likely you are to give up, simply because you don't want to have to admit it to them. Secondly, if you do something with other people, it will be more fun (see above) and you won't want to let them down.

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► Yes, you did read that correctly. Of course, the usual advice is to stay positive. But there will almost certainly be a time when everything seems to be going wrong and you start thinking it's all too hard. Studies show that it's better to think about what could go wrong so that you can have a plan in place when it happens.

### 5 One step at a time

► Don't try to do everything at once. Divide your final aim into smaller parts so that getting to the end of each part is one small success, and one step nearer to the goal.

"Nobody built like you, you design yourself."

## Compound adjectives

### \*\* Ed Adjective

### اسم المفعول وقع عليه الفعل

2 Look at the example. Then answer the questions below.

#### Example

The first person to visit should be a tall, dark-haired man.

- by combining two adjectives with a hyphen
- 1 a How is the underlined compound adjective made?
  - b What kind of word is *dark*? adjective
  - c What kind of word is *-ed* added to? noun
  - d What is used to join the two parts? hyphen
- 2 A 'dark-haired' man is a man with dark hair.  
How would you describe these people using the adjectives in the box?

curly	red	blue
wide	large	long



hair



moustache



shoulders



eyes



hair



face

a long-haired girl

a large-moustached man

a wide-shouldered man

a blue-eyed woman

a curly-haired boy

a red-faced man

### \*\* ing Adjective

### اسم الفاعل قام بالفعل

An English-speaking country  
1 2 3

6 Look at the example. Then answer the question.

#### Example

New Year is possibly one of the worst times of the year to make life-changing decisions.

Life-changing decisions are decisions that can change your life.

What do you think these similar expressions mean?

- |                            |                               |
|----------------------------|-------------------------------|
| ▶ an oil-producing country | ▶ an English-speaking culture |
| ▶ a self-driving car       | ▶ an eye-opening experience   |
| ▶ a breath-taking view     | ▶ a heart-stopping moment     |

a country that produces oil, a car that drives itself, a view that makes you gasp because it's so impressive, a culture in which people speak English, an experience that makes you realise something for the first time, a moment when something shocking or frightening happens

A country speaks English  
3 2 1

Ed adjective	Meaning	Ing adjective	Meaning
A long-haired girl	A girl with long hair	An oil-producing country	A country that produces oil
A wide-shouldered man	A man with wide shoulders	A self-driving car	A car that drives itself
A red-faced man	A man with red face	A breath-taking view	A view that takes breath "beautiful view"
A blue-eyed woman	A woman with blue eyes	An English-speaking culture	A culture that speaks English
A large-moustached man	A man with a large moustache	An eye-opening experience	An experience that opens eyes. (Teach you something)
A curly-haired boy	A boy with curly hair	A heart-stopping moment	A moment that stops heart. (Frightening moment)

### Phrasal Verbs with "away"

Phrasal Verbs	Meaning	Example Sentences
<u>drive away</u>	يبعد بقوة	<ul style="list-style-type: none"> <li>Fire is believed to <u>drive away</u> bad luck.</li> </ul>
<u>Frighten away.</u>	يخيف و يبعد	<ul style="list-style-type: none"> <li>There were dangerous animals nearby, so we lit a fire to <u>frighten</u> them <u>away</u>.</li> <li>Fireworks are supposed to <u>frighten away</u> bad spirits.</li> </ul>
<u>turning away</u>	يغير توجه	<ul style="list-style-type: none"> <li>People are <u>turning away</u> from traditional New Year's resolutions.</li> </ul>
<u>moving away</u>	يغير توجه	<ul style="list-style-type: none"> <li>He said people were <u>moving away</u> from negative decisions.</li> <li>She grew up here, but her family had to <u>move away</u> from the area.</li> </ul>
<u>look away</u>	يصرف النظر بعيدا	<ul style="list-style-type: none"> <li>The film's first scene was so frightening that I couldn't watch and had to <u>look away</u>.</li> </ul>
<u>ran away.</u>	يهرب	<ul style="list-style-type: none"> <li>I called to the boy, but he was frightened and <u>ran away</u>.</li> </ul>
<u>Throw away</u>	يرمي	<ul style="list-style-type: none"> <li>I don't need this again, so you can <u>throw</u> it <u>away</u>.</li> </ul>
<u>take away</u>	يأخذ شيء جاهز من مكان و يخرج	<ul style="list-style-type: none"> <li>They make great food that you can eat in the café or <u>take away</u>.</li> </ul>

# Vocabulary

PERIOD "1"



Write a reply to your English-speaking friend who sent you a letter telling you about his resolution to be better and to learn Arabic. You can make use of the following ideas in writing your reply: What you think about his decision.

- The most important rule in making decisions.
- What would an English speaker find difficult?
- Give some advice about how to solve this problem.
- Give some general advice about learning languages.



## Advice Letter

**Dear John,**

Thanks for your letter. It was good to hear from you. So, you've decided to learn Arabic. I think this is a really good idea because it is very important language.

First, you say you "just want to get better". The problem with this resolution is that it's too general and you might give up. It's better to be exact and practical.

Anyway, the hardest thing for you might be writing because we use different letters, and also pronouncing some Arabic sounds might be hard for you.

In my opinion, I think you should find a native speaker who can give you good practice.

Generally speaking, learning a new language is hard work and need patience, so you have to persevere.



## رسالة نصيحة

عزبي توم  
شكرا لرسالتك. من الجيد أن نسمع منك. أنك قررت أنت أن تتعلم العربية, أعتقد أنها فكرة جيدة لأنها لغة مهمة كثيرا.  
أولا أنت تقول إنك "تريد أن تصبح أفضل". المشكلة في هذا القرار أنه عام جدا و يمكن أن تستسلم. من الأفضل أن يكون محدد وعملي.  
على أي حال، أصعب شيء قد يكون في الكتابة لأننا نستخدم حروفا مختلفة و أيضا لفظ بعض الأصوات العربية قد يكون صعب بالنسبة لك.  
في رأيي أعتقد أنه يجب أن تجد متحدث أصلي للغة يعطيك تدريب جيد. عموما, تعلم لغة جديدة صعب و يحتاج صبر لذلك يجب أن تثابر .

"Life is like riding a bicycle. To keep your balance, you must keep moving."

Vocabulary	English Meaning	Arabic Meaning
<b>lunar</b>	<ul style="list-style-type: none"> <li>connected with the moon</li> </ul>	قمري
<b>Occasion</b>	<ul style="list-style-type: none"> <li>a special time or event</li> </ul>	مناسبة
<b>Mark</b>	<ul style="list-style-type: none"> <li>to show that something is different from normal.</li> </ul>	يميز
<b>Joint</b>	not individual.	جماعي
<b>Gratitude</b>	<ul style="list-style-type: none"> <li>thanks</li> </ul>	شكر و عرفان

### PERIOD "2"

Vocabulary	English Meaning	Arabic Meaning
<b>Symbol</b>	something that stand for an idea.	رمز
<b>Owe</b>	borrow money and need to pay back.	يدين
<b>Troupes</b>	groups of dancers.	فرق
<b>In praise of</b>	expressing admiration of.	في مديح
<b>In commemoration of</b>	in order to remember.	احياء لذكرى
<b>Joining hands</b>	holding the hands of other people.	الأيادي المتشابكة
<b>in advance</b>	a long time before.	مسبقا
<b>the naked eyes</b>	see something without using a telescope.	العين المجردة
<b>What/who/when/wherever</b>	It doesn't matter when, where, who , what.	أيا كان

### PERIOD "3 & 4"

Vocabulary	English Meaning	Arabic Meaning
<b>In favour of</b>	preferring.	مفضلين
<b>Dropped</b>	fell	سقط
<b>Reflect</b>	relate to , is connected with	يعكس
<b>Make it</b>	succeed in reaching or doing.	نجح في إيصال
<b>Associate</b>	connect	يربط
<b>Stick to</b>	not change your mind about sth.	يلتزم ب
<b>Coincide</b>	at the same time as	يتزامن مع

<b>Optimistic</b>	feel that everything would be fine	متفائل
<b>Take up</b>	start	يبدأ
<b>Enthusiasm</b>	a strong positive feeling	حماسة

"Out of the mountain of despair, a stone of hope."